

Hospice Palliative Care & End-of-Life Resources



CHAMPLAIN REGION, EASTERN ONTARIO

Palliative Care is a holistic approach for people with an advanced illness that aims to relieve suffering and improve quality of life. Palliative care is not just for people who are dying and can be provided by most health care teams but also palliative care specialists.

Advance Care Planning can be done at any time. It includes knowing who your substitute decision-maker is and having conversations about what is important to you with them. A substitute decision maker (SDM) is a person who makes decisions on behalf of another person if they become incapable of making decisions for themselves.

Hospice Resources and Services

Hospices are not just for the last few weeks of life. Hospices offer support to people with advanced illness, including their families and caregivers.

Some hospices offer community services such as: trained volunteers to do home visits; day programs; equipment lending; and support groups. You don't need to get a referral from a doctor for these services.

Some hospices have beds where people can be admitted for end-of-life care.

Community Resources

Champlain Hospice Palliative Care Program (CHPCP)

CHPCP supports high-quality hospice palliative care in Eastern Ontario. While they do not provide direct care to patients, they support the healthcare professionals who do. Their education sessions reach thousands of people on topics such as advance care planning, grief and bereavement, practical caregiver training and self-compassion. champlainpalliative.ca
613-683-3779

Compassionate Ottawa

Compassionate Ottawa is a community movement that works to change the way we think about living well, dying, death and grief. They offer public education on advance care planning, and grief and bereavement. compassionateottawa.ca

Bereaved Families of Ontario

Bereaved Families of Ontario offers a range of free individual and group grief support programs that are run by peers. bfo-ottawa.org

Websites with Information, Education & Support

Advance Care Planning Ontario
www.advancecareplanningontario.ca/

Canadian Virtual Hospice
virtualhospice.ca

Ontario Health at Home
<https://ontariohealthathome.ca/>
310-2222 (no area code required)
Toll Free: 1 800 538-0520

Champlain Health Line
Find local health and community services
champlainhealthline.ca

Ontario Caregiver Helpline
<https://ontariocaregiver.ca/help/helpline/>

Medical Assistance in Dying (MAiD)

Champlain MAiD Network
www.ottawahospital.on.ca/en/maid

Dying with Dignity Canada
dyingwithdignity.ca

BridgeC14
bridgec14.org

Hospices in the Champlain Region of Eastern Ontario

Beth Donovan Hospice
Kemptville.....613-258-9611

Diane Morrison Hospice*
Ottawa Mission.....613-234-1144

Dundas County Hospice
Williamsburg.....613-535-2215

Carefor Hospice Cornwall*
Cornwall.....613-938-2763

Carefor Renfrew County
Pembroke.....613-732-9993

Hospice Care Ottawa*
Ottawa.....613-680-0306
Ruddy-Shenkman, Hein House,* Kanata
May Court Hospice,* Central Ottawa
Maison de L'Est, Ottawa East

Home Hospice North Lanark
Almonte.....613-406-7020

Madawaska Valley Hospice*
Barry's Bay.....613-756-3045 ext. 350

Marianhill*
Pembroke.....613-735-6838

Renfrew Hospice*
Renfrew.....613-433-3993

Roger Neilson Children's Hospice*
Ottawa.....613-523-6300 ext. 4600
**Hospice with beds*

CHPCP Services & Supports Map
champlainpalliative.ca/support-services/services-and-supports-for-palliative-care/

Palliative Care Unit

The William and Maureen Shenkman Palliative Care Unit at Bruyère
Tel.: 613-562-6262, ext. 1688

Call **211** to speak with a community information specialist, or visit <https://www.caredove.com/champlaincss> for more information about these programs and services, including maps and detailed contact information.