Deepening Community in Palliative Care



Ottawa, May 7, 2024

With Paul Born www.paulborn.ca

Follow me on LinkedIn

Celebrating Bob as a Community

"Death is offensive to those who only value one's individual success. In death you have lost".

"Yet when death is celebrated in community, we honor the individual but also the community from which he/she/they have come".



Community and Chicken Soup

What is Community? 500 voices...

Mutual Support

Working Together

Belonging

Place

Common Good

Community

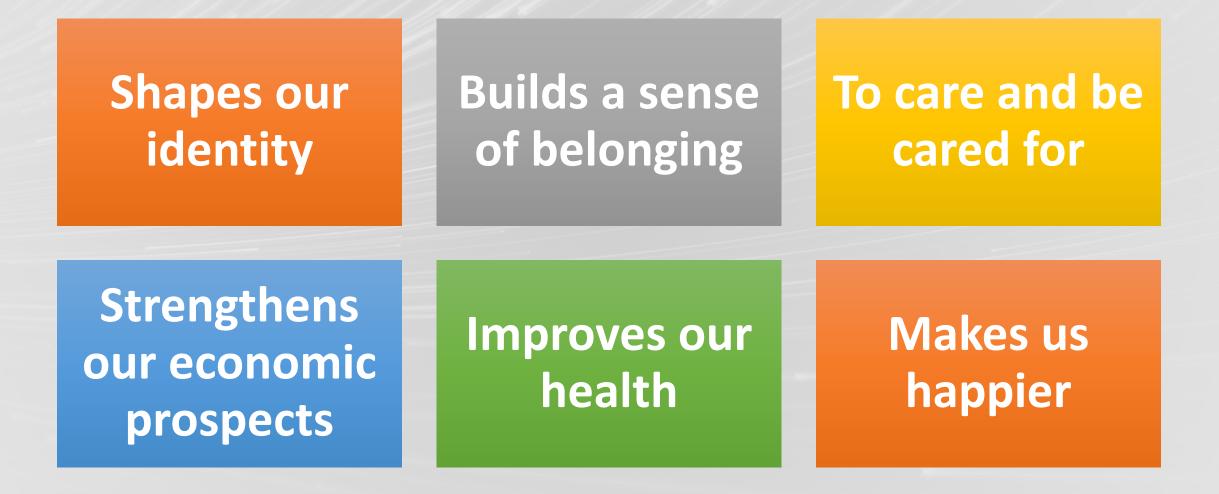
What does community breakdown mean to you?

- Isolation
- Individualism
- Lack of caring and support
- Conflict and hostility
- Poverty

What does a caring community mean to you?

- People supporting each other
- Inclusive
- Sharing opportunities

Community is good for us



Tell me more!

Your first or most important memory of community?



Welcome to a post COVID world.

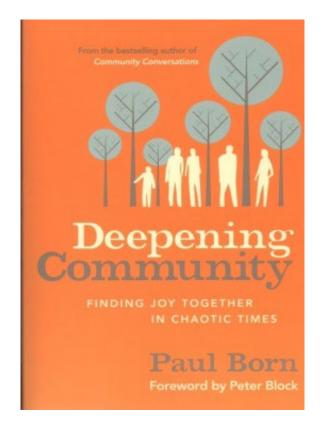
"An epidemic of loneliness".

Vivek Admiral – Surgeon General

A Guide for a **Community-Based COVID-19 Recovery** Lisa Attygalle and Paul Born TAMARACK

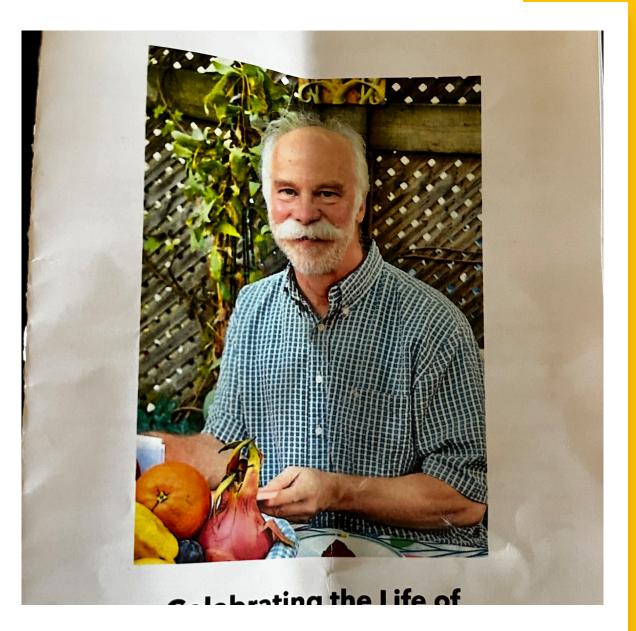
4 ways we build community

- Sharing our Stories
- Enjoying each other
- Caring for one another
- Working together for a higher purpose

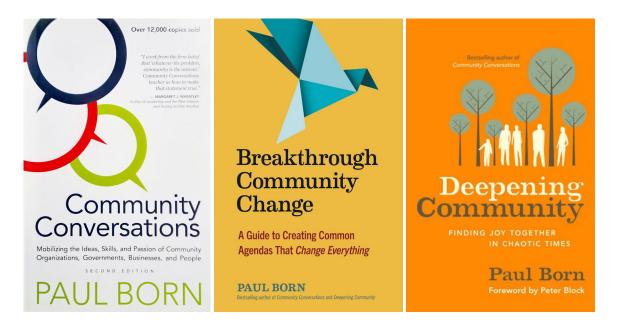


"Love has a divine quality to it that death cannot take away".

Community



Connect with Paul



Books available on amazon and all other leading stores

Email: paul@paulborn.ca

Web: <u>www.paulborn.ca</u>

Follow me: LinkedIn



Palliative Care

Building Strong Communities Through Engagement

With Paul Born www.paulborn.ca